



Access Points as of February 2025

**Please call the Access Point ahead of time to request an appointment and more information about their process.**

Adults:

**Spence Neighbourhood Association "The Bear Den" 431-275-5440**

- 365 McGee St. **Please Ask to book an appointment for a Sharing Experience**
- The Bear Den is currently open 3 days a week for those Tuesday through Thursday assisting with Rapid Rehousing for those interested in living in the Spence area and can assist with connecting to Coordinated Access.

**Mount Carmel Clinic 204-589-9477**

- 886 Main St.
- Mount Carmel Clinic provides support in many areas of a person's life and offer services that address not only the physical aspects of health, but also the mental, spiritual, and emotional factors as well.

Indigenous People:

**E.A.G.L.E. Urban Transition Centre 204-954-3050**

- 275 Portage Avenue
- The primary goal of the E.A.G.L.E. Urban Transition Centre is to assist First Nation people with transitioning into an urban centre and to assist with accessing the appropriate resources to become independent.

**Ma Mawi Wi Chi Itata Centre 204-940-4259**

- 800 Selkirk Ave: **To access a Sharing Experience please ask for Brittany**
- Ma Mawi Wi Chi Itata Centre is a strength and value-based family resource organization delivering community-based programs and services within the philosophy "we all work together to help one another".

LGBTQ+ and Newcomers:

**Sunshine House 204-783-8565**

- Located at 646 Logan Avenue: **Please call to book an appointment for a Sharing Experience**
- Sunshine House is a community drop-in and resource centre focusing on harm reduction and social inclusion. We work to provide programming that fulfills people's social, community, and recreational needs. Participants can come as they are and are not expected to be "clean" or sober.

## Women & Nonbinary People:

### **North End Women's Centre (NEWC) 204-589-7347**

- 394 Selkirk Ave **When calling ask for a Housing Appointment**
- Established in 1984, NEWC is the longest running women's resource centre in all of Winnipeg. NEWC facilitates healing, wellness, and capacity building through diverse community-centred approaches.

### **West Central Women's Resource Centre 204-774-8975**

- 640 Ellice Ave **When calling please ask to book an appointment**
- West Central Women's Resource Centre empowers women, and their community, to move from where they are to where they want to be, by providing responsive programming, facilitating knowledge sharing and connection, and contributing to culture shift and policy transformation.

## Youth:

### **Huddle Broadway 204-228-6387**

- 533 Broadway
- Huddle is a safe space for youth ages 12–29, offering free, trauma-informed and culturally-safe health services in a youth-friendly atmosphere.

### **The Link 431-335-1025**

- 175 Mayfair **Connect with the Hub for a Sharing Experience**
- The Link works to nurture strong & resilient youth and families through connections, relationships, wellness, and independence.

## People who stay at a shelter:

### **Siloam Mission 204-956-4344**

- 300 Princess St.
- As a Christian humanitarian organization, Siloam Mission connects the community to alleviate hardships and provide opportunities for change for those affected by poverty and homelessness. Siloam Mission is a place for support, healing, and recovery.

### **Main Street Project 431-275-4376**

- 637 Main St. Main Street Project offers programming and services to help community members build stability. Working under a housing first philosophy, they work with each individual to support positive changes and transition them towards stable, permanent housing.
- **To connect leave a message with the Program Manager to connect with once of the Case Workers for a sharing experience**

### **Salvation Army 204-946-9425**

- 180 Henry Ave.
- It is the goal of The Salvation Army to restore dignity and hope in the lives of those they serve through their programs as they experience times of need.