

WEDNESDAY MORNING BREAKOUT SESSIONS

•>> 10:45 a.m. - 12:00 p.m. Choose 1 of 4

HEART

HOMELESSNESS AND MISSING PERSONS: ADDRESSING THE INTERSECTION OF VULNERABILITY AND DISPLACEMENT WITHIN WINNIPEG'S INDIGENOUS COMMUNITIES Sponsored by: Me-Dian Credit Union

Led by: Nicole Martel (Community Engagement/Support Team, Aboriginal Alert)

The crisis of missing Indigenous persons in Winnipeg is closely linked to homelessness, particularly in urban Indigenous communities. Homelessness heightens vulnerability, often leading to tragic disappearances. Aboriginal Alert, a grassroots initiative, raises awareness and supports families of missing Indigenous persons. This session will examine the connection between homelessness and the missing persons crisis, exploring social, economic, and systemic factors. By emphasizing lived experiences and Aboriginal Alert's work, this session aims to foster collaboration among service providers, policymakers, and Indigenous leaders to address homelessness and prevent future disappearances.

MIND

THE INTERSECTION OF BRAIN INJURY AND COLONIAL SYSTEMS: AN INTERACTIVE MINI-WORLD CAFÉ TO EXPLORE HOUSING INSECURITY AND HOMELESSNESS WITH A VISION TO IMPROVE POSITIVE OUTCOMES THROUGH RECONCILIATION

Led by: Lisa Engel (University of Manitoba, Institute for Work & Health), Janine Bramadat (End Homelessness Winnipeg), Meredith Daun (Social Worker & Counsellor), and Kevin Plett-Hoffman (Community Member & Person with Lived Experience)

Individuals with brain injuries often struggle with long-term challenges in thinking, mobility, emotions, and social interactions, which can lead to housing insecurity or homelessness without proper support. Indigenous people in Canada are disproportionately affected by brain injury and face greater barriers to accessing care, worsening their vulnerability. Within colonial systems, brain injury is stigmatized and under-serviced, especially when intersecting with housing issues, racism, and systemic inequities. This session will explore these intersections and discuss ways to address these inequities and improve support for those affected.



WEDNESDAY MORNING BREAKOUT SESSIONS continued...

BODY

DESIGNING HOUSING AND HOMELESSNESS SOLUTIONS FOR SPECIFIC POPULATIONS

Sponsored by: Home Depot

Panel: Cheryl Starr (Cultural Support & Program Coordinator, Spence Neighbourhood Association), Levi A. Foy (Executive Director, Sunshine House), Dodie Jordaan (Executive Director, Ka Ni Kanichihk), and Shanlee Scott (Executive Director, Ndinawe)

Moderator: Brandy Kowal (Registered Social Worker, Red Willow Connections Consulting and Wellness)

This session will focus on designing housing and homelessness solutions tailored to the unique needs of specific populations. Experts will discuss how customized approaches can address the distinct barriers these groups face in accessing stable housing, from cultural considerations to specialized support services. Attendees will gain insights into innovative programs and policies that prioritize equity, inclusivity, and long-term stability for vulnerable populations.

SPIRIT

THE IMPORTANCE OF UNDERSTANDING THE ROOT OF INDIGENOUS HOMELESSNESS

Sponsored by: Bruce Oake Recovery Centre **Led by:** Kim Kakakaway (A Way Home Canada)

Homelessness began at the initial displacement, oppression and colonization towards the Indigenous people of Turtle Island, also known as Canada. To effectively support and come alongside Indigenous people, we need to start at the root of Indigenous homelessness by "Acknowledging Truth" and look at the impacts of colonization, residential schools, the 60's scoop, intergenerational trauma and ongoing systemic racism. From there we "Work Towards Reconciliation" by understanding the importance of Relationship when coming alongside Indigenous peoples, as well as highlighting the resiliency and strength of our people, culture and community.



WEDNESDAY AFTERNOON BREAKOUT SESSIONS

•>>•1:15 p.m. - 2:30 p.m. Choose 1 of 4

HEART

LEARNING AS WE GROW: STRATEGIES TO MANAGE BURNOUT DURING CRISIS

Sponsored by: Reseau Compassion Network

Led by: Levi A. Foy (Executive Director, Sunshine House) and Aaron Mann (Data Management and Program Analyst, Sunshine House)

Sunshine House experienced a period of rapid unplanned and chaotic growth between 2020 and 2024, during this time the organization had to develop a number of different policies and changes to provide relevant appropriate care for our teams. This workshop will present the cultural frameworks for addressing challenges and traumatic events. We will provide examples of solutions and impacts as well as examples of how to navigate the complexities of supporting employees and community members in unprecedented times of crisis.

MIND

DATA SOVEREIGNTY

Led by: Dr. Stephanie Sinclair (Data Sovereignty Lead, First Nations Health and Social Secretariat of Manitoba) and Carla Cochrane (Data Sovereignty Implementation Lead, First Nations Health and Social Secretariat of Manitoba)

The session will look at what Data Sovereignty is, the importance of data, knowing the differences between western vs. First Nations research ethics and building and maintaining relationships. The workshop will engage attendees to see what the priority areas and data needs are when working with ending homelessness to help communities and organizations move towards their visions. The engagement report will be submitted to End Homelessness Winnipeg and will also be used within FNHSSM's overall engagement report to help identify what is needed within the Manitoba region for Data Sovereignty.



WEDNESDAY AFTERNOON BREAKOUT SESSIONS continued...

BODY

TRANSFORMING SHELTER SPACES

Sponsored by: F-Blok Architecture

Panel: Christine Vanagas (Director of Community Wellness, Siloam Mission), Jamil Mahmood (Executive Director, Main Street Project), Frank Parkes (Executive Director, N'Dinawemak-Our Relatives' Place)

Moderator: Mark Fleming (Chair, Community Advisory Board, End Homelessness Winnipeg)

Description coming soon

SPIRIT

TEA & BANNOCK ELDERS' PANEL

Join us as we gather with the Ending Homelessness Together Elders to share stories, listen to their perspectives on homelessness solutions, learn from their truths, and be present in a safe and supportive space.

Breakout sessions were thoughtfully curated and guided by the teachings of the Medicine Wheel, focusing on the interconnected aspects of the **heart, mind, body, and spirit**.

Capacity for each breakout session is limited and varies by room size. Sessions will be available on a first-come, first-served basis.

End Homelessness Winnipeg is located on Treaty 1 Territory, the home and traditional lands of the Anishinaabeg, Nehethowuk, Dakota Oyate, Denesuline, and Anishininewuk Nations, and on the National homeland of the Red River Métis.

Hosted by:



Presenting sponsor:

