
EXTREME SUMMER WEATHER COMMUNITY RESPONSE PLAN

2025





Anytime an extreme weather warning is issued from Environment Canada, the warnings can be found at [Criteria for Public Weather Alerts - Canada.ca](https://www.canada.ca/en/environment-climate-change/services/forecasting/warnings-alerts.html)

What Qualifies as Extreme Hot Weather?

Extreme heat warnings are issued by Environment and Climate Change Canada (ECCC) when forecasted temperatures are 32°C or higher during the day and no less than 16°C overnight for two consecutive days or 2 or more days with a humidex of 38. An extended heat advisory is issued by the province for the same conditions for



3 days or more. However, there can still be extreme heat without a warning being issued, and this can still pose serious risks to people. High humidity (humidex) can exacerbate heat related illnesses by making it harder to sweat to cool off because the air is already saturated with moisture.

Summer Extreme Weather Community Response Plan

We have identified four key initiatives to keep Winnipeggers safe this Summer. When heat warnings are issued by ECCC, the following steps will be enacted:

1. Emergency Weather Committee Meeting

End Homelessness Winnipeg will call an emergency weather committee meeting. The Committee includes representatives from the following stakeholders:

- The City of Winnipeg Office of Emergency Management and first responders
- Emergency shelters and Community organizations providing mobile outreach, safe space, drop-in and meal services to people experiencing homelessness
- Healthcare providers
- Government and philanthropic funders
- Environment and Climate Change Canada

2. Extreme Weather Response Funding

The funding is meant to supplement the work of homelessness serving community organizations. Organizations must deliver direct services to individuals who are experiencing homelessness during the extreme weather period. Extreme weather under the Emergency Response threshold is a feels like temperature 30°C

3. Aid from Community Organizations

During extreme weather events, community organizations will host pop up cooling stations to provide water, and cooling supplies.



View the Emergency Response Program Details here: [Emergency Response – End Homelessness Winnipeg](#)

4. Aid from the City of Winnipeg

The City of Winnipeg will provide hydration stations, community centre cooling spaces and city facilities listed below:

Community Cooling Spaces

The following community centres are available as cooling spaces this summer during select hours. Please contact the community centres for applicable hours.

Bronx Park Community Centre – 720 Henderson Hwy
Clara Hughes Rec Park – 281 Henderson Hwy
East Elmwood Community Centre – 490 Keenleyside St
St. Nibert Community Centre – 3450 Pembina Highway
Riverview Community Centre – 90 Ashland Ave
Lord Roberts Community Centre – 725 Kylemore Ave

City Facilities

- Residents are invited to cool off and access clean drinking water in our leisure centres and libraries during regular operating hours, particularly during extreme heat events.
- Our indoor pools and outdoor aquatic facilities, such as spray pads, wading pools, and heated and non-heated pools are also great ways to cool down during the warm summer months.

Water and Cooling Donations Drop off Locations

Water and cooling donations of hats, sunscreen, clothing, popsicles, fruit etc can be dropped off at the following organizations:

N'dinawemak - 190 Disraeli Fwy. Donation times: Monday to Friday 9-5pm

Main Street Project - 661 Main Street (back of the building). Donation times: Monday to Saturday 9-4pm

DCSP - Contact 204-947-3277 ext 2 or info@dcsp.ca - Call ahead of time for drop off location

Siloam Mission - 300 Princess St. Donation times: Monday to Saturday 8-4pm

Sunshine House - 646 Logan Ave. Call 204-783-8565 to book a drop off time.

North End Women's Centre - 394 Selkirk Ave. Donation times: Monday to Friday 9-4pm

1JustCity - 107 Pulford St. Donation times: Monday to Friday 8-3:30pm

Salvation Army - 180 Henry Ave. Donations can be dropped off at the front desk 24/7. Contact: 204-946-9402

Hydration Stations

In 2022 and 2023, the City of Winnipeg installed three hydration stations as part of a pilot project to provide clean drinking water for residents during the summer season. Locations were selected based on need and feedback from community partners, with a particular focus on vulnerable and unsheltered Winnipeggers that are more at risk of heat-related illnesses. In 2024, the initiative was expanded to include eight hydration stations that will be used again in summer 2025:

185 Young St (Broadway Neighbourhood Centre)
469 Selkirk Ave (The Bell Tower)
Corner of Stella Ave and Main St (Mount Carmel Clinic)
Corner of Princess St and Henry Ave (near Siloam Mission)
Corner of Roslyn Rd and Osborne St (1JustCity)
369 Furby St (Agape Table)
Corner of Maryland St and Ellice Ave (Spence Neighbourhood)
190 Disraeli Fwy (N'dinawemak)



SUMMER 2025 RESOURCE GUIDE - WHERE TO GO & WHO TO CALL

MOBILE OUTREACH

Downtown Community Safety Partnership

204-947-3277 or 211 **24/7**
Downtown

Main Street Project

204-232-5217 **24/7**
Citywide

Mount Carmel Clinic Sage House

204-272-0838 **12-7p M-F**
North End/ Downtown
* Primarily woman-identifying persons.

Salvation Army

204-995-2410 **Hours vary**
Citywide

St. Boniface StreetLinks

204-228-2369 **24/7**
East of the Red

Street Connections

204-981-0742 **5-11:30p M-F**
Citywide

WCWRC

204-774-8975 Citywide
On the road **5-9p M/W/F**
Case work **9a-5p Tu/Th**
On the road **11a-3p Sa/Su**

1JustCity

Oak Table **12-3p F**
Pimicikamak **10-1:30p F**
W Broadway **10-1p Th**

Sunshine House

Mobile Overdose Prevention Site **12-9:30p W-Sa**
204-914-8221 **12-4:30p Su**

YOUTH

RaY **1-9p M/Tu/W**
204-391-2209 **1-5p Th/F**
Citywide

WE24

204-333-9681 **11p-7a**
Safe rides

OVERNIGHT SHELTERS & SAFE SPACES

ADULT

Main Street Project - 637 Main
204-982-8267 **24/7**

18+ low-barrier drop-in and overnight shelter; food, showers, clothing

N'Dinewamak - 190 Disraeli
204-943-1803 **24/7**

18+ low-barrier drop-in with food, clothing; signups for overnight stays 6-8p, doors closed 10p-7a

Siloam Mission - 300 Princess
204-956-4344 **8p-7:15a**

18+ low-barrier, overnight shelter; showers, clothing, laundry

SonRise Family Shelter

Overnight shelter for families **24/7**
To access shelter space, call Centre of Hope at 204-946-9471

The Salvation Army - 180 Henry
204-946-9402 - **Open 24/7**

18+ shelter, food, clothing

YOUTH

Ndinawe Tina's Safe Haven - 472 Selkirk - 204-417-7233 Ext 2
Open 24/7

Rossbrook House - 658 Ross
204-949-4090 **24/7 to Aug 28**
6-24 years safe space, drop-in; food, safe rides

The Link YRC - 159 Mayfair
204-477-1804 **24/7** *12-20 years overnight shelter; food, showers, clothing, laundry, first aid*

WE24 - 430 Langside
204-333-9681 **11p-7a**
13-26 years safe space and drop-in; overnight stays, food, clothing

DAY DROP-INS WITH FOOD & WASHROOMS

Freedom House - 294 Ellen

9a-12:30p Tu; 9a-1p W; 9a-12p Th; 9a-5p Fri; 12-5p Sun

Lighthouse Mission

669 Main St **9a-3:30p M-Th; 1-8 F 422 Dufferin 12-7p**

M-F *Primarily for woman-identifying persons.

NEWC

- 394 Selkirk
M, T, Th F - 9:30 - 3:30 W - 12pm - 3:30pm

Breakfast and Lunch served M, T, Th, F. Only lunch served W

NPDWC

- 221 Austin
Washroom hours include:
9a-12p, 1-4p M/T/W/F; 1-5p Sat

1Just City Oak Table - 107 Pulford St **M-Th 12:00-3pm**. Lunch served until 2pm

1JustCity - Pimicikamak Wellness Center - 621 Balmoral St
M-Th 12pm - 3pm. Lunch served until 2pm

1Just City Housing and Resource Hub - 222 Furby St
Open 9am - 5pm during extreme weather events

One88 - 188 Princess
10a-2p M-Th; 10a-1p F

Siloam Mission - 303 Stanley St
18+ low barrier. **7a-8p M-Sun; closed daily between 1:30-4p**
**7a-8p in extreme weather*

Sunshine House - 646 Logan
M - W & Sa: 11a-4pm
homelessness + poly-drug users;
2SLGBTQ+ focused 6p-9p M/W

Thrive Resource Centre - 406 Edmonton
9a-12p, 1-4p M/W/Th/F

Union Gospel Mission - 320 Princess
1:30a, 2-4p M-F; 7:30p Sa/Sun

Velma's House - 92 Higgins
24hrs M-F; 8a-4p S/Su

**Serves adult women*

WCWRC - 640 Ellice
9:30am-4pm- M/W/F 12:30pm - 6:00pm - T/TH

YOUTH DAY DROP-INS

The Link Youth Hub - 175

Mayfair- Ages 16-29
M, W, F - 8:30am-6pm T, Th 8:30am -7pm Sat 10am - 3pm

RaY - 125 Sherbrook **1-4p M-F**
1-29 years

DAY DROP-INS WITH FOOD & WASHROOMS

Agape Table - 364 Furby
7-11a M-F

Andrews Street Family Centre
220 Andrews
No bagged meals. Offers 15 food packages daily. First come first serve.

Holy Trinity Lunchroom
256 Smith
11a-1p Tu/Th

Velma's House

92 Higgins Ave **Open 24/7**
**Open to women and Two Spirit folks*

Missionaries of Charity
167 Aikins
9:30-10:45a M/W/F/Sa

NEWC - 394 Selkirk
M, T, Th, F - Breakfast and Lunch. W Lunch only

NorWest Co-op CFC
103-61 Tyndall
12-1:30p M/W/F; 5:30-6:30p Th

Thrive Community Support Circle
406 Edmonton
10:00a M/W/Th/F

Union Gospel Mission
320 Princess
11:30a, 7:00p M-F

WCWRC 640 Ellice

9:30a-4p M/W/F; 12:30-6p Tu/Th; 9a-12p Sa
Closed on Sundays & holidays.

OUTSIDE SERVICES

Portable Toilets

185 Young Broadway Community Center
381 Langside St
400 Cumberland (Central Park)
715 Main Street (Not 24/7)



Stay Safe!

If you or another are:

Dizzy, nauseous or vomiting
Breathing fast, heart racing

Threatened, injured or unresponsive

Call 911

LIFE CAN BE HARD.

FINDING HELP CAN BE EASY.

Dial 2-1-1 to find support for all of life's challenges.



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HEAT AND HOMELESSNESS - RECOGNIZING HEAT ILLNESSES

Types of Heat Illnesses

Heat Illnesses occur because of too much exposure to heat, lack of hydration and lack of food. Heat illnesses can take many forms including:

- Heat Exhaustion - Heat Cramps - Heat Syncope (fainting) - Heat Edema (swelling of extremities) - Heat rash - Heat stroke

Signs of Heat Illnesses

Signs of heat illness can include extreme thirst, headaches, muscle cramps, pale and clammy skin, fainting, dizziness, weakness, tiredness, nausea, vomiting, rapid breathing and heartbeat, and decreased urination that is dark yellow in color.

If individuals exhibit early signs of heat-related illness or symptoms of heat exhaustion, they are at risk for more severe complications. It is important to move the affected person to a cooler area, out of direct sunlight. They should be given water to drink and/or sponged with cold water on the skin, and allowed to rest.

****If someone is showing signs of heat stroke, it is a medical emergency that requires immediate attention. Failure to intervene properly in cases of heat stroke can result in permanent health issues.****

Preventing Heat Illnesses

It is essential for individuals to stay cool to prevent heat-related illnesses. Here are some tips for staying safe in the heat:

- Prevent dehydration by drinking plenty of water and doing so frequently.
- Seek shaded areas and limit outdoor activities during the hottest parts of the day, typically between 12 PM and 2 PM.
- Wear loose-fitting, lightweight, and light-colored clothing.
- Apply sunscreen to protect your skin.
- Stay indoors as much as possible to avoid excessive heat exposure.

HEAT EXHAUSTION	OR	HEAT STROKE
Faint or dizzy		Throbbing headache
Excessive sweating		No sweating
Cool, pale, clammy skin		Body temp. above 40° C Red, hot, dry skin
Nausea or vomiting		Nausea or vomiting
Rapid, weak pulse		Rapid, strong pulse
Muscle cramps		May lose consciousness

- Get to a cooler, air conditioned place, and rest
- Drink water if fully conscious
- Take a cool shower or use cold compresses

CALL 911

- Take immediate action to cool the person until help arrives

Adapted with permission from SacramentoReady.org

Emergency Response Overnight Shelters and 24/7 Safe Spaces

