

WINTER 2021-2022 RESOURCE GUIDE — WHERE TO GO & WHO TO CALL

Mobile Outreach

Downtown Community Safety Partnership

204-947-3277 24/7
Downtown

Main Street Project

204-232-5217 24/7
Citywide

Ma Mawi Wi Chi Itata

204-330-3300
10p-8a W-Sa
North End/Downtown

Mount Carmel Clinic Sage House

204-272-0838 12-7p M-F
North End/Downtown

NEWC

431-374-8726
1-4p M/Th/F; 9a-12p Tu
North End/Downtown

Salvation Army

204-223-7387
9a-3p M-Th; 4-8p Su
Citywide

St. Boniface StreetLinks

204-228-2369
7:30a-12a; 12a-7:30a on call
East of the Red

Street Connections

204-981-0742
6-11:30p M-F; 4-10:30p Sa
Citywide

WCWRC

204-774-8975
5-9p M/W/F; 2-6p Tu/Th;
11a-3p Sa/Su
Citywide

YOUTH

Ndinawe

204-781-2691
hours vary
North & West End/Downtown

Resource Assistance for Youth (RaY)

204-391-2209
12-4p M-F
Citywide

WE24

204-333-9681
11p-2a
Safe rides

Overnight Shelters & Safe Spaces

ADULT

Just a Warm Sleep

107 Pulford 8p-8a
18+ overnight shelter;
food, showers, laundry
*vaccination required

Main Street Project

637 Main 24/7
18+ low-barrier drop-in
and overnight shelter; food,
showers, clothing

N'Dinewamak

190 Disraeli 24/7
18+ low-barrier drop-in; food,
showers, clothing, beds

Siloam Mission

300 Princess 8p-7:15a
18+ overnight shelter;
showers, clothing, laundry

SonRise Family Shelter

204-946-9471 24/7
Overnight shelter for families

The Salvation Army

180 Henry 24/7
18+ overnight shelter; food,
clothing

YOUTH

MYS YRC

159 Mayfair 24/7
12-20 years overnight shelter;
showers, food, clothing,
laundry, first aid

Ndinawe Tina's Safe Haven

472 Selkirk 24/7
13-24 years safe space and
resource centre

Rossbrook House

658 Ross
10a-12a M-Th; 24hrs Sa-Su +
holidays
6-24 years safe space and
drop-in; food, safe rides

WE24

430 Langside 11p-7a
13-26 years safe space and
drop-in; overnight stays, food,
clothing, safe rides

24/7 Portable Toilets

222 Furby at Broadway
185 Young at Broadway
75 Martha at Henry
473 Selkirk at Powers

Day Drop-Ins with Food & Washrooms

1JustCity West End Drop-in

365 McGee
12:30-3p daily except W

Freedom House

294 Ellen 10-11a Tu-Th

Lighthouse Mission

669 Main 9-11:15a, 1-3:15p
M-Th; 1-4:15, 6-7:30p F

Mount Carmel Clinic Sage House

422 Dufferin 12-7p M-F

NEWC

394 Selkirk
8:30a-4:30p M/Tu/Th;
12-4:30p W; 8:30a-4p F

NPDWC

221 Austin
9a-12p, 1-4p M/T/W/F; 1-5p Sa

Oak Table

109 Pulford 12:30-3p M-Th

One88

188 Princess
10a-4p M/Tu/Th/F; 10a-2p W

Siloam Mission

303 Stanley
7a-2p, 4-8p
*7a-8p in extreme weather

Sunshine House

646 Logan
1-4:30p M/W; 12-5p Tu/Sa;
11a-3p Su; *6-9p M/W is
2SLGBTQ+ focused

Union Gospel Mission

320 Princess
11:30a, 2-4p, 7p M-F; 2p Sa

Velma's House

154 Sherbrook 9a-12a M-F;
hours vary Sa-Su

WCWRC

640 Ellice
9a-4:30p M/W/F;
12:30-6p T/Th; 9a-12p Sa

YOUTH

MYS Youth Hub

1 Mayfair
9a-8p M-F; 11a-4p Sa
12-25 years

RaY

125 Sherbrook 1-3p M-F
1-29 years

Bagged Meals

Agape Table

364 Furby
7-11a M-F

Andrews Street Family Centre

220 Andrews
12p M-F

Holy Trinity Lunchroom

256 Smith
11a-1p Tu/Th

Missionaries of Charity

167 Aikins
9:30-10:45a M/W/F/Sa

North End Women's Centre

394 Selkirk
11:45a M

NorWest Co-op Community Food Centre

103-61 Tyndall
12-1:30p M/W/F;
5:30-6:30p Th

Thrive Community Support Circle

555 Spence
11:30a M/W/Th/F

West Broadway Community Services

222 Furby
4:30-6p M-Th

WCWRC

640 Ellice
12p M/W/F; 5p Tu/Th; 10a Sa

Winter Safety

if you or another are:

- Shivering uncontrollably
- Threatened
- Injured
- Unresponsive

CALL 911



Emergency Response Overnight Shelters and 24/7 Safe Spaces

