

Drop in & Walk up Services • SHELTER AND SAFE SPACE

AGENCY	ADDRESS	HOURS	SERVICES AVAILABLE	SERVICES CANCELLED OR REDUCED
Macdonald Youth Services	159 Mayfair	24/7	12–21 years old overnight shelter	
Main Street Project	190 Disraeli	24/7; clients only between drop-in/sleep services hours: 8–9:30am & 4–5pm	Temporary low-barrier overnight shelter with social distancing; separate floors for men/women identified ppl; daytime drop-in w/breakfast 9:30am; lunch 1pm	
Ndinawe Tina's Safe Haven	472 Selkirk	3:30pm–7am daily	Safe space, lunches to go before 7am	Not 24/7, Programming cancelled
Rosbrook House	658 Ross	24/7	6-24 years old drop-in	
Salvation Army	180 Henry	24/7	Overnight shelter with social distancing; often at capacity	
Salvation Army Weetamah	324 Logan	9am–4pm daily	Washrooms; drop-in 9am–4pm 7 days/week; computer access Mon–Fri 9am–3pm; bread distro Tue–Thu 11am	Until June 25
Siloam Mission	300 Princess	9am, 12:30pm, 6:45pm daily	Bag lunch/supper Offering shelter for people from the encampment	Drop-in, eat-in meals currently for shelter users only
Sscope	1466 Arlington	24/7	Phone/computer/washroom/shower/laundry/food/clothing/drop-in	
St. Boniface Street Links Morberg House	311 Provencher	24/7	Bag lunch, mental health first aid, shelter assistance	

Drop in & Walk up Services • FOOD AND BASIC NEEDS

AGENCY	ADDRESS	HOURS	SERVICES AVAILABLE	SERVICES CANCELLED OR REDUCED
710 Aberdeen	710 Aberdeen	11:30am Mon/Thu	Bag lunch	
Aboriginal Health & Wellness Centre	181 Higgins	8:45am–4:30pm Mon–Fri	Bag lunches, activity packs, harm reduction supplies; supports by phone, outreach, home visits	No public programming, drop-ins
ACCESS Downtown	640 Main	8:45am–4:30pm Mon–Fri	Harm Reduction/Safer Sex Supplies, washrooms, phones	No resting, warming up, computers or wifi
Agape Table	364 Furby	8–10:30am Mon–Fri	Bag lunches	
Andrews Street Family Centre	220 Andrews	10am–2:30pm Mon–Fri	Coffee, emergency food, diapers, formula. Bag lunches at 12pm. If you need anything else please call ahead 204-589-1721	
Bear Clan	584 Selkirk	1:30pm Tue–Sun	Food pickup; registration for food hamper delivery	
Crossways in Common - W.Broadway Community Services	222 Furby	12:30–3pm Mon/Wed/Thu	Bag lunches, emergency food kits for families, 24/7 Porta-Potty	No building access
EIA Centralized Services	111 Rorie	8:30am–4:30pm Mon–Fri	Phone/work stations for individuals in need	
Food Not Bombs	510 King/470 Selkirk	6pm Wed/Fri	Free produce hampers outside Turtle Island (W), Indigenous Family Centre (F)	To August 28
Holy Cross Church Food Bank	252 Dubuc	7–9am Wed	Bag lunch for those in need; food box for those registered with Winnipeg Harvest	
Klinik Community Health	870 Portage	9am–8pm Mon–Thu 9–5pm Fri	Harm reduction supplies, naloxone, washroom, computer	Groups cancelled
Knox United Church	400 Edmonton	10–11am 12:30–1:30pm daily	Bag breakfast, lunch at the door	
Lighthouse Mission	669 Main	9am–3:30pm Mon–Thu; 1–7:30pm Fri	Bag breakfast, lunch and coffee at door	No eat-in meals
Ma Mawi Wi Chi Itata Centre	Mobile	Tue/Fri/Sun	Bag lunch, traditional medicines, health information/masks	
Ma Mawi Wi Chi Itata Centre	Mobile	9pm–7am Wed–Sat	Street Outreach	Limited safe rides
Main Street Project	Mobile	24/7	Basic needs and harm reduction supplies, COVID info 204-232-5217	
Missionaries of Charity	167 Aikins	9:30–10:45am Mon–Wed, Fri–Sun	Bag breakfast	
Mount Carmel Clinic	888 Main	8:45am–5pm Mon–Fri	Harm reduction supplies & mail pick-up at the door; teen health clinic Mon–Fri 9am–3:30pm	No programs, computers, tax clinic, drop-ins or events
Mount Carmel Clinic - Sage House	422 Dufferin	1–8pm Mon–Fri	Hygiene supplies, harm reduction supplies, bag lunch at the door	No building access, drop-in closed
Mount Carmel Clinic - Sage House	Mobile	1–8pm Mon–Fri	Hygiene supplies, harm reduction supplies, bag lunch	
Ndinawe Outreach	Mobile	11am–2am Sun–Thu	Outreach; Delivering Care Kits to families with youth 204-781-2691	
Nine Circles CHC	705 Broadway	8:45am–5pm Mon–Fri	Harm Reduction/Safer Sex Supplies; naloxone; washroom, phone; access through rear door only	
NECRC - Tenant Landlord & RentNet	509 Selkirk	9am–4pm Mon–Fri	Tenant services, including eviction or utility issues, 204-927-2335. Walk-ins for emergencies only	

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NECRC - PATH Employability Centre	627 Selkirk	by appointment	Limited access to computers for emergencies call 204-230-2300	No workshops or forums
North End Women's Centre	394 Selkirk	10am-4pm Mon-Fri	Snacks, bag lunches, hygiene, harm reduction supplies handed out at the door; drop-off income tax prep	Drop-in closed and all groups canceled
North Point Douglas Women's Centre	221 Austin	11am-1pm Tue	Food hamper/hygiene pack at door	No programming, drop-in, building access
NorWest Co-op Community Food Centre	103-61 Tyndall	12-1:30pm Mon/Wed/Fri, 5:30-6:30pm Thu	Take-out meals	No building access; no phone, primary care, advocacy office, eat-in meals or programming
Oak Table	109 Pulford	12:30-3pm Mon-Thu	Take-out and Eat-in lunch and programming	
Old Market Square	King/Bannatyne	24/7	Free WiFi	
RaY	125 Sherbrook	1-3pm daily	Bag lunch at door; basic needs, harm reduction supplies	No Drop-In Program
RaY	Mobile	4-8pm Mon-Thu; 12-3pm Fri	Street Outreach	
Service Canada Centre	1001 St. Mary's	8:30am-4pm Mon-Fri	Employment Insurance	
St. Boniface Street Links	Mobile	8am-12pm; 8-10pm Van Mon-Sat; 12-4pm Bikes daily	Street Outreach, bag lunch, basic needs, COVID prevention info	
St. Matthews Maryland Community Ministry - WestEnd Commons	365 McGee	1:30-4pm Mon/Tue/Thu/Fri	Sandwiches and coffee to go; food kits and food bank; Eat-in and washroom access for people experiencing homelessness	No building access
Street Connections	496 Hargrave	8:30am-4:30pm Mon-Fri	Harm Reduction/Safer Sex Supplies; naloxone	
Street Connections	Mobile	6-11:30pm Mon-Fri; 5-11:30pm Sat	Harm Reduction/Safer Sex Supplies; naloxone; nursing 1 day/week for encampment residents	
Sunshine House	646 Logan	2-3pm, 6-7pm Mon/Wed; 12-1pm Tue/Thu/Fri; 11am-1pm Sun	Food/harm reduction supplies; Max 10 people in main room; Take-out \$2 brunch Sundays 11-1pm	Max 10 people in main room; No Street Feet, recreational activities
Thunderbird House Circle of Life	715 Main	9am-5pm Mon-Sat	COVID-19 screening/testing, self-referrals welcome	Regular programming
Union Gospel Mission	320 Princess	11am; 2-4pm; 7pm	Drop-in, coffee, food, showers; breakfast 11am; supper 7pm	Time/number restrictions on visitors
WE24/SNA - MERC	430 Langside	6pm-12am daily	Washroom (1 at a time); snacks; hygiene supplies; community mailbox	24/7 Safe Space closed
West Central Women's Resource Centre	640 Ellice	9am-4:30pm Mon/Wed/Fri; 12:30-6pm Tue/Thu; 9am-12pm Sat	Limited Drop-in Access for washroom/shower/laundry/phone/computer/appointments/hygiene supplies/cedar/sage	No Programming
West Central Women's Resource Centre	640 Ellice	12-1pm Mon/Wed/Fri; 5-6pm Tue/Thu; 10-11am Sat	Bagged lunches at door	No Programming
West Central Women's Resource Centre	Mobile	2-6pm Mon-Fri	Sandwiches, bottled water, coffee, Harm Reduction and Hygiene kits	
Winnipeg Train Station	123 Main	8am-12pm Sun/Tue	Washroom, WiFi	

Services Available by Phone Appointment • HOUSING SUPPORTS

AGENCY	ADDRESS	HOURS	SERVICES AVAILABLE	SERVICES CANCELLED OR REDUCED
Doorways	181 Higgins	9am-4pm Mon-Fri	Assessment/intake for Housing First programs, call 204-925-3830	
IRCOM	95 Ellen / 215 Isabel	10-3pm for urgent issues	Transitional housing for newcomer families. For urgent issues, call 204-943-8765	
Main Street Project	Sargent	24/7	Supportive isolation units for individuals experiencing homelessness who have tested positive or are awaiting results for COVID-19. Intake: 204-306-7857	To July 10
Men's Resource Centre	115 Pulford	CLOSED	Emergency Shelter program for men experiencing intimate partner or family violence. Voicemail: 204-415-6797 x207/ Email ryan@mens-resource-centre.ca	No building access
Ndinawe Chu Manitou Tanka Oyate Tipi	-----	24/7	Transitional housing by referral for 16-17 years old CFS Wards: 204-417-7233	
Ndinawe Safe House	-----	24/7	Youth can self-refer: 204-417-7233 safehouse@ndinawe.ca	
RaY	125 Sherbrook	9am-5pm daily	By appointment housing, basic needs supports 204-783-5617	No drop-ins
Spence Neighbourhood Association	615 Ellice	9:30am-4:30pm Mon-Fri	Homelessness Outreach Mentor Call/Text: 204-999-4485/ Email: row@spenceneighbourhood.org; Rental Safety Coordinator Voicemail: 204-783-5000 x107 Email: rentalsafety@spenceneighbourhood.org	Office is closed