

CLOTHING

Adventist Community Services

95 Stadacona St. 204.663.2278
Free clothing, limited furniture
Mon: 1pm-4pm
Tues/Wed/Thurs/Fri: 9am-12pm

Andrews St. Family Centre

220 Andrews St. 204.589.1721
Free clothing bank for men, women and children
Mon/Tues/Thurs/Fri: 9am – 5pm
Wed: 1pm – 8pm

Magnus Eliason Recreation Centre (MERC)

430 Langside St. 204.783.5000
Free clothing bank, everyone welcome.
2pm Sundays

Siloam Mission

300 Princess St. 204.956.4344
Free clothing
Mon: 4pm-7pm
Tues/Wed/Thurs/Sat: 10am – 1:30pm
Arrive early to get a number (limited numbers)

South Winnipeg Family Information Centre

800 Point Rd. Lower Level 204.284.9311
Clothes Closet
Work appropriate clothing for women for court and job interviews. By referral only.
Mon-Fri: 9am – 4pm

West Central Women's Resource Centre*

640 Ellice Ave. 204.774.8975
Women only. Free clothing for women and children, and also small household items.
Mon., Wed. & Fri. 9am-4:30pm
Tues. 1:30pm – 6:00pm

EMERGENCY SHELTER

Main Street Project

75 Martha St. 204.982.8250
Offers 24-hour crisis intervention and referral services, emergency shelter, transitional housing, intoxicated persons detention, and 10 day social detoxification programs.

A & O: Safe Suite Initiative

No listed address 204.956.6440
Temporary housing for men, women and couples who are 55 years or older who experience abuse or neglect.

Men's Resource Centre

115 Pulford St. 204.415.6797
For men and their children fleeing intimate partner domestic violence and/or abuse.
Mon/Wed:1pm-9pm, Tues/Thurs: 9am-4:30pm,
Fri: 9am-4:00pm

Salvation Army Booth Centre

180 Henry Ave. 204.946.9400
Transitional facility and emergency shelter, 253 bed residential centre (up to 300 in winter).

Siloam Mission

300 Princess St. 204.956.4344
Emergency shelter, 110 single beds, and a 5 bed family room.

Willow Place

No listed address 204.615.0313 ext. 0
45 bed shelter providing a safe place for women and their children who have experienced domestic abuse.

FOOD

Agape Table

175 Colony St. 204.783.6369
Provides subsidized breakfasts, hot meals, low cost bagged lunches, low cost grocery, an emergency food bank and a weekly kids program.
Mon-Fri: 8am – 3pm

Holy Trinity Anglican Church

256 Smith St. 204.942.7465
Free lunch (cup of soup and sandwich to go)
Mon-Fri: 11am-12pm, except holidays

Immaculate Conception Church

181 Austin St. 204.942.3778
Full meal on Sundays at 2pm, anyone can attend.

Indian & Metis Friendship Centre

45 Robinson St. 204.586.8441
Food bank
Wed & Fri: 9am – 11am. Appointment to be made through Winnipeg Harvest at 204.982.3660. Manitoba Health Card required.
Wed & Fri: 10:45am-11:00am for walk-ins (limited food).

Missionaries of Charity

167 Aikins St. 204.582.2773
Soup kitchen
Mon/Tues/Wed/Fri/Sat: 9:30am-10:45am

Siloam Mission

300 Princess St. 204.956.4344
Soup kitchen
Mon – Sun: 9am-10am, 12:30pm-1:30pm and 6:45pm-8:00pm

The Lighthouse Mission

669 Main St. 204.943.9669
Soup Kitchen
Mon – Fri: 2pm – 3:30pm

Winnipeg Harvest

1085 Winnipeg Ave. 204.982.3660
Food bank. Open to all but bring Manitoba Medical Card number.
Mon – Fri: 9:15am – 4pm

COMMUNITY RESOURCE LISTING



END HOMELESSNESS WINNIPEG

For general information call:
204.942.8677 or 204.942.8960

AFFORDABLE HOUSING

Dakota Ojibway Tribal Council Housing Authority

1311 Portage Ave. 204.988.5377
Provides affordable housing for Aboriginal people in Winnipeg.

Kinew Housing

394 McGregor St. 204.956.5093
Provides affordable housing for Aboriginal people in Winnipeg.

Manitoba Housing

2-352 Donald St. 204.945.4663
Provides subsidized housing and housing for people on social assistance.
Mon-Fri: 8:30am-4:30pm

Winnipeg Rental Network*

www.winnipegrentnet.ca 204.414.8220
Provides a web-based database that makes it easier for people to find affordable rental housing. It is not a housing provider.

Rent Assist

204.945.2197
Monthly benefit to help low income families and individuals, as well as people receiving income assistance (EIA).
Mon-Fri: 8:30am-4:30pm

S.A.M Management

425 Elgin Ave. 204.942.0991
Provides subsidized housing for single persons, families and senior citizens.
Office Hours: Mon-Fri 8:00am-4:00pm

Sponsor Managed Social Housing

6-352 Donald St. 204.945.4661
Provides adequate publicly owned rental housing accommodation for individuals and families of low income within their financial capacities.
Office Hours: Mon-Fri 8:30am-4:30pm

Winnipeg Housing Rehabilitation Corporation (WHRC)

60 Frances St. 204.949.2880
WHRC provides affordable, clean, and safe rental housing to individuals and families.
Office Hours: Mon-Fri 8:30am-4:30pm

MENTAL HEALTH

Canadian Mental Health Association (CMHA)*

930 Portage Ave. 204.982.6100
CMHA offers an array of services to individuals and families experiencing mental health challenges, including advocacy.
Mon-Fri: 8:30am – 4:30pm

Crisis Response Centre (CRC)

817 Bannatyne Ave. 204.940.1781
Offers walk-in assessment and treatment for those in mental crisis, along with referrals to other mental health services. Service open 24 hours, 7 days per week.

Child and Adolescent Mental Health Program Centralized Intake

848 William Ave. 204.958.9660
Directly refers to services at MATC and the Health Sciences Centre. Also assist the process of redirection to other appropriate agencies and programs.
Mon-Fri: 7:30am – 4:30pm

Mobile Crisis Service

No listed address 204.949.4777
Assists individuals experiencing a mental health or psychosocial crisis, including persons with a co-occurring mental health/substance use disorder.
Available 24 hours, 7 days per week.

Klinik Community Health

870 Portage Ave. 204.784.4090
Provides full range of health related services from medical care to counselling and education. For adults and youth.
Mon-Fri: 9am-5pm
Manitoba Suicide Line (24/7): 1.877.435.7170
Klinik Crisis Line (24/7): 204.786.8686

Sara Riel

101-66 Moore Ave. 204.800.0654
Provides quality services in community supports, housing and employment to persons with mental health challenges.
Office Hours: 8:30am – 4:30pm

Winnipeg Regional Health Authority Community Mental Health Services

No listed address 204.788.8330
Provides a range of mental health services in both community and hospital settings to adults.

YOUTH SERVICES

Addictions Foundation of Manitoba (AFM)

200 Osborne St. N. 204.944.6235
Offers a range of community-based services for youth and adults in alcohol, other drugs and/or gambling.

Macdonald Youth Services

400-491 Portage Ave. 204.477.1722
Provides placement (foster and group care), community support services and transition services (youth transitioning to adulthood) to children, youth, adults and families.

Manitoba Adolescent Treatment Centre (MATC)

120 Tecumseh St. 204.477.6391
Services are provided for youth with mental health and addictions problems and their families from brief interventions to intensive long term treatment.

Marymound

442 Scotia St. 204.338.7971
Helping youth and families with the challenges of growing, learning and parenting to achieve independence while realizing their full potential.

Native Addictions Council of Manitoba (NACM)

160 Salter St. 204.586.8395
Provides community based education, prevention and treatment services to First Nations and Metis Individuals, families and communities.

Ndinawe Youth Resource Centre

472 Selkirk Ave. 204.589.5545
Provides services for youth focusing on shelter, culture, recreation, education, outreach and support.
Mon-Fri: 10am – 5pm

Resource Assistance for Youth (RAY)*

125 Sherbrook St. 204.783.5617
Provides school based prevention workshops, intervention, outreach and support services such as referrals, housing assistance, food and clothing bank, and advocacy.

YOUTH SERVICES (CONT.)

Youth Crisis Team Line

1.888.383.2776 or 204.949.4777
Available 8 am to 12 midnight

Youth Resource Centre & Shelter

1.888.477.1804 or 204.477.1804

OTHER SERVICES

Doorways*

103-181 Higgins Ave. 204.925.3830
Provides input and advice into the creation of a “Housing First Model” of coordinated access, assessment, and intake for Winnipeg to match individual(s) with the right service.

Eagle Urban Transition Centre (EUTC)*

200-275 Portage Ave. 204.956.0610
Provides services to First Nations individuals and families in areas such as housing, addictions, referral, counseling, advocacy and other enhanced services.

Health Outreach and Community Supports (HOCS)

Service Location: Mobile 204.794.3804
HOCS provides services to the homeless or vulnerably housed population with complex health challenges. Services include clinical or service access problem solving, service information and linkages, assessment (occupational therapy, psychiatry, mental health & physical health), engagement, psychosocial support, service coordination and clinical services.
Mon-Fri: 8:30am—4:30pm

Employment and Income Assistance (EIA)

EIA—Main Line 204.948.4000
EIA—After Hours Emergencies 204.945.0183

Family Doctor Connection

204.786.7111

Health Links

204.788.8200

(Agencies with * are Housing First agencies)